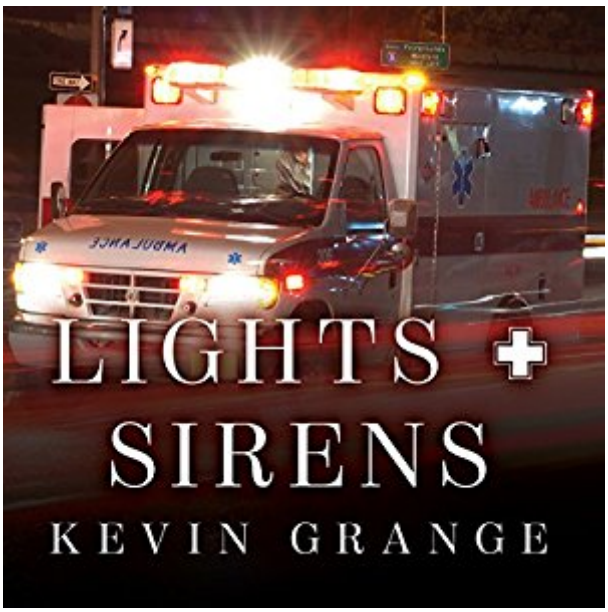
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Lights And Sirens: The Education Of A Paramedic



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Synopsis

Nine months of tying tourniquets and pushing new medications, of IVs, chest compressions, and defibrillator shocks - that was Kevin Grange’s initiation into emergency medicine when, at age 36, he enrolled in the "Harvard of paramedic schools": UCLA’s Daniel Freeman paramedic program, long considered one of the best and most intense paramedic training programs in the world. Few jobs can match the stress, trauma, and drama that a paramedic calls a typical day at the office, and few educational settings can match the pressure and competitiveness of paramedic school. Blending months of classroom instruction with ER rotations and a grueling field internship with the Los Angeles Fire Department, UCLA’s paramedic program is like a mix of boot camp and med school. It would turn out to be the hardest thing Grange had ever done, but also the most transformational and inspiring. An in-depth look at the trials and tragedies that paramedic students experience daily, Lights and Sirens is ultimately about the best part of humanity - people working together to help save a human life.

Book Information

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Customer Reviews

The type of book that you can’t put down, and then you’ll want to read again! I’m not someone who actually enjoys reading for pleasure. I read about this book in JEMS or EMSWorld and thought, why not. I was excited to get it in the mail and started reading it on a flight. I quickly finished half of the book on the flight and almost didn’t want to get off because I was so engrossed in the book!I’m a Paramedic Program Director so I can directly relate to this book. It reminds me of when I was going

through paramedic school. It’s a great book for students as well as educators. I was contemplating having my students read the book for an assignment, but I don’t know if they’d appreciate it as much. It might be better afterwards. I haven’t quite decided yet. I have read the book cover to cover and will reread it again. It’s definitely one to discover. Enjoy!

As a recent EMT graduate, I am enjoying this book a lot. Although I am too old to think about going on to paramedic school, it is fun to "travel" with the author as he progresses through the paramedic program.

Having just earned my state certification as an EMT, Kevin’s story is insightful and motivational. His candid description of all aspects of his experience was a truly good read. I look forward to the day when I am ready to take on the challenge of paramedic school and serving my community and country. Thank you Kevin for sharing your story.

Kevin Grange can really write. He tells a good, inspiring story of training to be a paramedic. I heartily recommend the Grange gives the reader an idea of the rigor of the training program for EMT-Paramedics and the lengths they are prepared to go -- at the risk of their own lives -- to serve people in medical emergencies at home and in accidents anywhere. You sometimes feel like you’re in the ambulance as its sirens scram and lights flash, wondering if a heart attack victim will get to the emergency room on time. Sometimes it reads like a novel, but you realize that Grange is telling real stories about real people. These men and women are the frontline of the medical care system. One can only wish that the rest of the system was as efficient as the paramedics are. We get more value per dollar spent from them than anyone else.

This book is fantastic! I literally could not put it down the first night I started reading...I am currently an EMT and reading this is literally a day to day experience for me. I’m also currently enrolled in Medic School. There are funny parts, interesting parts, parts that make you wish "that never happens to you" and parts where you literally shake your head in agreement as you’re reading the sentence because you’ve had it happen!!Very good read!

I just finished Lights and Sirens by Kevin Grange and I thoroughly enjoyed every minute of this book. The book is subtitled " The Education of a Paramedic." I finished the George Washington University Paramedic Program in 1995 and am currently a Paramedic Program director. I took over

a program that had failed, miserably and have been rebuilding for 2 years. This book was inspirational to me as a great reminder of what our Paramedic students go through during our programs and it sparked new ideas that I can use in our education of EMTs and Paramedics. I highly recommend this book for future Paramedic students, but also for EMS educators to remind us what we went through to obtain our Paramedic and what our students are currently going through. Very well done, Paramedic Grange!

I've always had a mild fascination with emergency medicine. But it wasn't until I read this book that I had any inkling of just how intense and difficult the paramedic training course really is. It really is a mini-medical degree. And they practice under the most trying of circumstances. Imagine trying to do complex math in you're head while inserting an IV into a patient in the back of a rocketing ambulance with a patient who is slipping away. Truly stressful scenarios. I take my hat off to Mr. Grange and all paramedics.

Well written account of the authors experience during Paramedic training. Dramatized a bit for interest but consistent with other stories of this grueling process. He keeps the medical jargon pretty simple so lay readers can get the full appreciation. This is not a blow by blow of complex emergency procedures that some EMS junkies may want. But overall a good book by a professional who has committed his life to saving those of others.

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